



DATES:

Week 1:

2nd Nov, 23rd Nov, 4th Jan,
25th Jan, 22nd Feb, 15th
March.

Week 2:

9th Nov, 30th Nov, 11th Jan,
1st Feb, 1st March, 22nd
March.

Week 3:

16th Nov, 7th Dec, 18th Jan,
8th Feb, 8th March.

 **Christmas week Special**
14th - 18th Dec Menu to
follow...

Allergens:

1. Gluten/Wheat
2. Dairy/Milk
3. Eggs
4. Soya/Soyabeans
5. Mustard
6. Celery
7. Fish
8. Molluscs
9. Shellfish/Crustaceans
10. Sesame Seeds
11. Nuts
12. Lupins
13. Sulphur Dioxide
14. Peanuts

All items with * can be
made Vegan.

All items with ** can be
made Dairy Free.



WEEK 1

WEEK 2

WEEK 3

MONDAY

Mains
Mac 'n' Cheese **1,2,5**
Mediterranean Pasta **2**
Jacket Potato, Cheese **2** & Beans

Sides
Garlic Dough Balls **1,4**
Peas & Sweetcorn Medley
or
Salad

Dessert
Flapjack **1**
or
Fresh Fruit

MONDAY

Mains
Burger in a Bun **1,4**
Veggie Hot Dog **1**
Jacket Potato, Cheese **2** & Beans

Sides
Jacket Wedges
Baked Beans
or
Salad

Dessert
Ice cream **2**
or
Fresh Fruit



MONDAY

Mains
Cheesy Pinwheel **1,2****
Pasta Provencale **1**
Jacket Potato, Cheese **2** & Beans

Sides
Pasta
Cucumber Salad
or
Sweetcorn

Dessert
Krispie Cake **1**
or
Fresh Fruit

TUESDAY

Mains
Chicken Tacos **1,2****
Mexican Bean Burrito **1,2***
Tomato Pasta with Cheese **1,2***

Sides
Rice
Carrots
or
Mixed Veg

Dessert
Melon Medley/Fruit Cocktail
or
Fresh Fruit

TUESDAY

Mains
Mexican Beef Taco's **1,2****
Cauliflower Bhaji **6**
Tomato Pasta with Cheese **2**

Sides
Rice & Beans
Green Beans
or
Mixed Veg

Desserts
Melon Medley/Fruit Cocktail
or
Fresh Fruit

TUESDAY

Mains
Fish Tacos **1,7**
Chilli Beans Tacos **1**
Tomato Pasta with Cheese **1,2**

Sides
Rice & Peas
Beetroot & Carrot Salad
or
Green Beans

Dessert
Melon Medley/Fruit Cocktail
or
Fresh Fruit

WEDNESDAY

Mains
Roast Chicken & Stuffing **1**
Carrot & Lentil Bake **2**,3**
Jacket Potato, Cheese **2** & Beans

Sides
Rustic Roasties
Cabbage
or
Swede

Dessert
Marble Sponge **1,3**
or
Fresh Fruit

WEDNESDAY

Mains
Roast Chicken Paprikash **6**
Frittata **2,3**
Jacket Potato, Cheese **2** & Beans

Sides
Rustic Roasties
Broccoli
or
Carrots

Dessert
Cheeky Chocolate Cake **1,3**
or
Fresh Fruit

WEDNESDAY

Mains
Roast Pork
Veggie Meatloaf **1,4**
Jacket Potato, Cheese **2** & Beans

Sides
Rustic Roasties
Cauliflower
or
Carrots

Dessert
Carrot Cake **1,3**
or
Fresh Fruit

THURSDAY

Mains
Sausage Roll Slice & Gravy
1,13,7
Veggie Slice & Gravy **1,4**
Jacket Potato, Cheese **2** & Beans

Sides
Mash
Broccoli
or
Carrots

Dessert
Angel Delight **2**
or
Fresh Fruit

THURSDAY

Mains
Pork Meatballs **1**
Loaded Chilli Bean Wedges **2***
Jacket Potato, Cheese **2** & Beans

Sides
Pasta **1**
Peas
or
Swede

Dessert
Rice Pudding & Mixed Berries **4**
or
Fresh Fruit

THURSDAY

Mains
Beef Bolognese
Veggie Bolognese
Jacket Potato, Cheese **2** & Beans

Sides
Pasta **1**
Broccoli
or
Mixed Veg

Dessert
Oat Cookie **1**
or
Fresh Fruit

FRIDAY

Mains
Fish Fingers **1,7**
Veggie Nuggets **1**
Jacket Potato, Cheese **2** & Beans

Sides
Chips/Pasta **1**
Baked Beans
or
Sweetcorn

Dessert
Shortbread **1**
or
Fresh Fruit

FRIDAY

Mains
Salmon Pinwheel **1,7**
Cheese Pizza **1,2,4**
Jacket Potato, Cheese **2** & Beans

Sides
Chips/Pasta **1**
Sweetcorn
or
Baked Beans

Dessert
Cookie **1**
or
Fresh Fruit

FRIDAY

Mains
Sausages **1,13**
Quorn Sausages **1**
Jacket Potato, Cheese **2** & Beans

Sides
Chips/Pasta **1**
Baked Beans
or
Peas

Dessert
Jelly
or
Fresh Fruit

